

Northwest Footcare, LLC

Bryan D. Wilhelm, DPM

Nat Chotechuang, DPM

Frank R. Cobarrubia, DPM

How did you first hear about us?

Internet friendly referral Dr. referral, whom _____ Other

Contact Information

Patient Name _____ Date of Birth _____ M F

Preferred Name _____

Email _____

Home address _____

City _____ State _____ Zip _____

Mailing address _____

Primary Phone _____ Work Phone _____

Social Security # _____ Occupation _____

Employers Name and Address _____

Primary Insurance _____ Secondary Insurance _____

Person responsible for this bill (If different than above)

Name _____ Date of Birth _____

Mailing address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Social Security # _____ Relationship _____

Agreement and Consent

I authorize the release of any medical information necessary to process insurance claims. I also authorize payment of medical benefits directly to Northwest Footcare, LLC for professional services rendered. I understand that Northwest Footcare, LLC will bill my insurance as a courtesy, but I am responsible for any balance not covered by my insurance.

I acknowledge that both the Financial Policy and Notice of Privacy Practices from Northwest Footcare, LLC have been made accessible to me and I agree to the terms.

I give permission to the physicians at Northwest Footcare, LLC to administer treatment and to perform such procedures as maybe deemed necessary or advisable in the diagnosis and/or treatment of the foot and related conditions after I have consented. By Oregon law, I am entitled to know the procedure, alternatives and risks involved, with a detailed explanation if so desired.

I understand that undesirable outcomes MAY OCCUR with procedures and adverse side effects or reactions MAY OCCUR with medications. I will be responsible for following the doctor's instruction and that my non-compliance may result in a poor outcome and may be grounds for termination of the doctor/patient relationship. I will also be responsible for continuing any recommended follow up care and for any poor outcome which may result from the lack of doctor recommended follow up care.

I understand that if I do not show up to my appointment, I will incur a \$25.00 fee.

Signature of Patient or Responsible Party

Date

Health History

Northwest Footcare, LLC

Patient Name _____ Age _____ Height _____ Weight _____ Shoe Size _____

Primary Care Physician _____ Date last seen _____ Referring source _____

Reason for visit _____

Describe when, where and how the problem started _____

Describe in detail the **type of pain or sensation** you are having _____

(none, tender, sharp, dull ache, burning, tingling, radiating, shooting, stabbing, throbbing, localized, constant, intermittent, unpredictable, related to?)

_____ Have you ever had this before? _____

What makes it better or worse? _____

What has been the progression — getting worse, getting better, the same? _____

Rate the pain now (0= none, 10= worst imaginable) and previous range _____

(ex: 5, 3 in morning and 8 by bedtime...or 8 when injured last week and now has faded to 2-3)

Was it related to an **accident**? _____ Work related injury (**workers comp**)? _____ Did you report it? _____

How has this affected your **quality of life**, preventing you from doing the activities that you enjoy? _____

(ex: limits walking, exercise; can't wear certain shoes; nagging pain; affects mood, relationships, my job; unpleasant appearance/odor)

Describe any **previous treatment** by a professional _____ by whom _____

Personal treatment _____

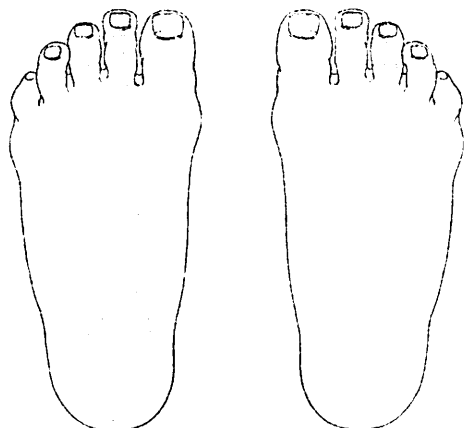
(i.e. nothing, researched the internet, asked others, over-the counter products, shoes, orthotics or special shoe inserts, ice/heat, stretching, soaking, tape, pads, dressing change, other specialists seen, any x-rays or lab tests performed, what has or has not helped, etc)

What do you think might be the cause? _____

What are your specific goals of this appointment? _____

(diagnosis, 2nd opinion, recommendations for self care, information resources, treatment, whatever it takes-be aggressive, surgery, referral)

Please mark the area involved:



Allergies and reaction: _____

(penicillin, sulfa, codeine, iodine, tape, local anesthetics, other)

Current Medications/dose (or supply list): _____

Surgeries and year performed: _____

Social History

Do you smoke? Y N How many packs/day? _____ Did you smoke in past? Y N Stopped how long ago? _____

Do you drink alcohol? Y N How much and how often _____

Illicit drug use? Y N Please specify _____ Are you on narcotic pain contract? Y N

What is your occupation? _____ Does it involve mostly standing or sitting? _____

Do you exercise regularly? Y N What exercise or activities do you enjoy? _____

Family History (Please specify if your parents or siblings had any of the following health conditions):

__Diabetes __Heart Disease __Hypertension __Stroke __Cancer __Gout __Rheumatoid Arthritis __Bunions

__Toe deformity __Ingrown toenails __High arch __Flat feet __Warts Other _____

Past Medical History (Please check if you had any of these): none

My General Health is: excellent/ good/ fair/ poor

- Alzheimers/ significant memory loss
 - Arthritis
 - Autoimmune Disease
 - Bleeding or clotting disorders
 - Breathing/Lung problems/TB
 - Cancer _____
 - Cellulitis/infections
 - Congestive Heart Failure
 - Deep Vein Thrombosis/Pulmonary Embolism
 - Depression/Anxiety/Bipolar
 - Diabetes. How many years _____
 - How well controlled? A1C _____
 - Fractures _____
 - GI Reflux/ulcers/bleed
 - Gout
 - Hepatitis
 - HIV/AIDS
 - Infections/cellulitis/fungal/MRSA
 - Heart Disease/MI/coronary/valvular/murmur
 - High Blood Pressure
 - High Cholesterol
 - Hypertrophic thick scar formation
 - Joint replacement/hip/knee/foot
 - Kidney Disease/Dialysis
 - Liver disease
 - Mechanical heart valve//coronary/carotid stent
 - Neuropathy
 - Organ transplant
 - Osteoporosis
 - Parkinsons
 - Peripheral Arterial Disease/Poor Circulation
 - Psoriasis/other skin disorder _____
 - Sciatica/lower back problems
 - Seizures
 - Stroke/TIA's/embolism
 - Thyroid problems/hyper/hypo
 - Varicose veins
 - Warts
- Other: _____

Review of Systems: (Please check if you **currently** have):General

- fever or chills
- nausea, vomiting, diarrhea

Hematologic

- anemia
- use of blood thinners

Eyes, Ear, Nose, Throat, Mouth

- headaches
- visual disturbance/cataracs/glaucoma/poor vision
- hearing loss/dizziness/ringing in ears
- sore throat

Cardiovascular

- leg or chest pain that limits walking
- poor circulation
- leg swelling
- heart palpitations/murmur/rapid or slow pulse

Respiratory

- difficulty breathing/shortness of breath/cough/wheezing

Gastrointestinal

- blood in stool/ulcers
- constipation

Genitourinary

- currently pregnant
- excessive urination

Integumentary (skin)

- athletes foot/ thick, yellow toenails
- dry, scaly skin/itching
- lower leg/foot ulcers
- rash warts

Psychiatric

- sleep disorders/apnea

Immunologic

- swollen lymph nodes

Neurological

- numbness or tingling in feet
- weakness, poor balance or walking impairment
- spasm with color changes in toes or fingers

Endocrine

- unexplained fatigue/ weight gain/weight loss
- cold intolerance

Musculoskeletal

- back pain joint pain/stiffness/swelling arthritis
- leg/foot cramps leg/foot weakness

Patient Name: _____